

# FMH NEWS

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TOPIC: Frederick Memorial Healthcare System Announces 2-Year Partnership with Frederick County Public Schools

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*For Immediate Release*

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Frederick, MD: Frederick Memorial Healthcare System announced today that it has signed a 2-year partnership agreement with Frederick County Public Schools (FCPS) through the Partnership of Education with Business and Industry (E.B.I.) connection. The agreement provides for the two organizations to work together toward mutually agreed upon objectives that support the missions and strategic goals of both. FMH will provide FCPS employees with wellness information and the program structure necessary to make healthy lifestyle decisions, and FCPS will support the efforts of the FMH Wellness Center through publicity via employee newsletters, the school system website and internal electronic communication with staff through the intranet.

“FMH is pleased and proud to partner with Frederick County Public Schools,” said Tom Kleinhanzl, President and CEO of the Frederick Memorial Healthcare System. Mr. Kleinhanzl adds, “In many ways the missions of our two organizations are mutually supportive. A healthy body supports an active and inquisitive mind. Working together makes perfect sense.”

FMH will provide articles about health and wellness topics every month and will present wellness seminars to FCPS employees at their worksites on a wide range of topics including breast cancer, diabetes, cholesterol and heart-healthy life choices. In addition, the staff at the FMH Wellness Center will provide individual coaching sessions to help FCPS employees

develop personal wellness plans. FCPS will distribute the health related articles to worksite locations and schedule on-site wellness seminars at which FMH Wellness Center staff will speak. Lois Walden, RN, Manager of the FMH Wellness Center adds, “Working to improve the health and well-being of Frederick County Public School employees is an important component of what the FMH Wellness Center is all about. What better way to introduce our children to healthy lifestyle choices than by teaching the teachers. It’s a win/win for everyone.”

The two year agreement will begin in calendar year 2009, and has been executed through the Partnership of Education with Business & Industry program.



*Pictured, left to right: Michele Willis, RN, BSN, COHN-S, On-Site Services Nurse Manager, CORP-OHS; Lynn M. Smith, Regional Account Manager, CORP-OHS; Colette H. Baker, Senior Benefits Manager, FCPS; Paula Lawton, Executive Director of Human Relations, FCPS; Jim Ferrant, CTE Curriculum Specialist, FCPS*