

## **A SCHOOL COUNSELOR COUNSELS STUDENTS INDIVIDUALLY AND IN GROUPS TO**

- Help students develop self-understanding and self-awareness
- Help students build self-confidence and self-esteem
- Help students recognize and use their capabilities
- Help students feel worthwhile
- Give students an opportunity to talk about their academic and personal-social concerns
- Help students recognize, understand, and work through learning difficulties
- Help students better adjust to their school and home environments
- Help students in the decision-making process
- Help students develop an awareness of the world of work

## **FROM WHOM DOES THE SCHOOL COUNSELOR GET HELP?**

- Teachers
- Parents.
- Principals/assistant principals
- Pupil personnel workers, school nurses
- Physicians, psychologists, mental health professionals
- CASS, other community resources, Student Support Teachers and Therapists
- Supervisor



## **WHAT DOES A SCHOOL COUNSELOR DO?**

- Talks with students individually or in groups
- Makes classroom observations of students and participates in classroom activities
- Helps in identifying needs of students
- Works with potential dropouts
- Helps students relate to others
- Promotes positive attitudes among students
- Aids teachers and parents in helping children
- Uses assessments to provide information about abilities, achievement, interests and needs
- Assists students with the growing up process
- Assists students with the transfer from one school to the other
- Coordinates efforts with other school specialists
- Coordinates referrals to outside agencies
- Facilitates parent/student discussion groups
- Helps with career, school and personal plans
- Maintains student records

## **A SCHOOL COUNSELOR IS?**

- A certificated, trained, caring person
- A resource person, a coordinator, a consultant, a group leader
- A person who helps school personnel understand children
- A person who helps children understand themselves

## **WHERE CAN YOU SEE THE COUNSELOR?**

- In the counselor's office
- In the classroom
- In the hallway
- In the cafeteria
- Outside the school

## **HOW CAN A STUDENT SEE THE COUNSELOR?**

- Appointment by the counselor
- Self referral
- Parent referral
- Referral by principal/assistant principal
- Teacher or other staff referral
- Referral by a friend
- Drop in



# COUNSELORS HELP YOU PUT IT ALL TOGETHER...

# THE SCHOOL COUNSELOR

## HOW DOES A SCHOOL COUNSELOR KNOW ABOUT CURRENT IDEAS IN GUIDANCE AND COUNSELING

- Professional development
- Workshops and seminars
- Conventions and conferences
- Monthly counselor meetings
- Regional, state, and national meetings

## A SCHOOL COUNSELOR'S JOB REQUIRES THESE QUALIFICATIONS

- Master's degree in school counseling in an approved college program
- Maryland state certification
- A caring, sensitive personality



## SERVICING THE SCHOOL, HOME, AND COMMUNITY

### Credits

The Pennsylvania School Counselors  
Association

The West Virginia Department of  
Education

The American School Counselors  
Association



September 2008